

CHAPTER 3 Essential Rhythms

This provides an introduction to the essential rhythms. Learning how to recognize and hear these rhythms simultaneously will greatly enhance reading ability. Combinations of the essential rhythms will create complex rhythms. Applying these essential and complex rhythms to the drum set will result in a greater understanding of the elements of a groove.

Throughout this book I will focus on methods for practicing each section and combining the sections to create a more musical style of drumming.